

Therapy Contract
The Counselling & Psychotherapy Practice
Marie-France Lyell M.A. MBACP (Accred)

Code of Ethics

As a member of the BACP, I am bound by its Ethical Framework for Good Practice in Counselling and Psychotherapy and subject to the Professional Conduct Procedure therein.

I agree to respect you, your values, and your belief systems, and work with you in a way that best suits your needs at the time.

Confidentiality

Everything discussed in the session will remain confidential. There is an exception whereby I would need to seek advice if you expressed a wish to harm yourself or another, if so, this would be fully discussed with you. **Limits to confidentiality** – Such other exceptional circumstances may involve disclosures made that are covered by the ‘Prevention of Terrorism’ Act 1989 or in ‘Drug Trafficking’ Act 1994, and the working to Safeguard Children Policy (2006).

Supervision

Good therapeutic practice requires all counsellors of all levels of qualification to have regular clinical supervision, to monitor their practice. I undertake monthly supervision where I discuss certain client issues. Client names are not revealed.

Length of sessions

Sessions will usually take place on the same day at the same time each week for one hour duration. If you arrive late, the session will finish at the usual time.

Fees & Cancellation Policy

My fee is **£45:00** * per session for individuals. Fees are payable at the end of each session. Both parties will give as much notice as possible if an appointment needs to be altered or cancelled. If a session is cancelled with less than 48 hours notice the full fee will be payable excepting real emergencies. * Subject to review.

If you decide you no longer wish to continue in counselling, please make this known within a session in order that we can agree an end date and work towards an appropriate ending.

I welcome to discuss any difficulties that may arise about a session and work together with you to resolve this.

Client Name:

Signature:

Date:

Please note, by signing this contract you are agreeing to the terms and conditions as stated above.